

# Our Organic range...



## with sunflower seeds

A healthy organic plus vegan delicacy. It contains **whole grain spelt** & wheat flour, 30% sunflower seeds and is **rich in dietary minerals** and essential fatty acids, necessary to the human body, which are known for being anti-inflammatory and antioxidant as well as nutritious. Made with **natural sweeteners** without preservatives and palm oil ....

Enjoy Charisma as a healthy snack with your breakfast or savor it with your meals and aperitifs...



## with whole sesame

An organic tasteful delicacy **with whole grain spelt and rye flour** rich in fibers, metals and minerals. Covered with whole sesame which is **rich in protein, fiber** and antioxidant properties. Made without preservatives and palm oil.

Our favorite snack, ideal for those seeking a balanced diet and a perfect choice for Organic and Vegan lovers!



## with spelt flour 3 seeds and 3 cereals

An organic healthy and tasteful delicacy **with whole grain spelt and wheat flour**, rich in fibers and **high nutritional value of cereal grains**, which are necessary in a balanced, low-fat diet. Made without preservatives and palm oil.

Enjoyable and easy to consume during the whole day, accompanying cheese and meat plates, salads or dips...

